



3D PRE-& POST SEASON THOUGHTS



PRESEASON COACHES MEETING

- Give out all Preseason Info in a Handbook (Dates, Deadlines, Rules & Regs
- Instead talk about "Topics" i.e. Transactional vs. Transformational, what each teams core values will be, 3D ideas for their teams
- Fill out expectations form: 3 non-X & O goals - Core Values - One Big Thing (use throughout the season)

POST SEASON ATHLETE SURVEY (see notes)

1. Have Fun?
2. Learned more about how to complete
3. Core Values?
4. Learned something new about the sport

"MAKE IT A GREAT DAY +1"