

**PLAY FOR  
TODAY**

## ***JUST FOR TODAY...***



One day you will walk off the field for the last time. One day you will untie your shoes forever. One day you will put your equipment in your bag and there it will stay for months at a time. You'll struggle to remember the sounds of practices and the cheers of games. You'll see your teammates once or twice a year instead of every single day. You won't dive for a ball. You won't sprint back to help on defense. One day you'll be on the other side of the fence.

One day this won't be your life anymore. And when it's not, you won't remember the things that you'd think. You'll have no idea how many times you scored the winning goal. You won't be impressed with how many defensive stops you made. You won't care about your average or points or other measurable first dimension things. For the most part, you won't remember wins and losses at all.

After your last quarter or half has come and gone, you're going to remember the times when you wanted to quit - but didn't. You're going to remember the teammates (and families) you loved along the way. You're going to remember playing in the freezing cold, driving rain and unbearable heat.. You're going to remember the early morning conditioning and late games. You're going to remember the coaches that never gave up on you. But most of all, you're going to remember the sheer happiness that came only from being between two white lines. You're going to remember the moments you did more than you ever believed you could. You're going to remember the times you used every bit of talent given to you.

One day this won't be your life anymore. **So, for today,** run as fast as your feet will take you. Whether it's a lead pass for a teammate or the tip in goal. For today, work as hard as you can. Commit to giving it everything you have. For today, make every play like it's the last chance you'll ever get. For today, play because you want to. Play because you need to. Play because the little boy or girl you used to be fell in love with this game all those years ago.

For today, don't stop until the final whistle. Play with every piece of your heart and leave it all on the field. One day, this won't be your life anymore. When that day comes, make sure you wouldn't change a thing.

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***"MAKE IT A GREAT DAY +1"***