



WHAT IS YOUR TEAM CLIMATE? 15 QUESTIONS

QUESTION	YES	NO
1. DO I GET EXCITED ABOUT GOING TO PRACTICE?		
2. DO I FEEL COMFORTABLE WITH THE COACHING STAFF?		
3. DO I FEEL THAT I HAVE THE COACHING TO GET BETTER EVERYDAY?		
4. DO I CONSISTENTLY GET SUGGESTIONS ON WAYS THAT I CAN IMPROVE?		
5. DOES PRACTICE SET A POSITIVE TONE?		
6. ARE PRACTICES ENCOURAGING & SUPPORTIVE?		
7. IS THERE A CLEARLY DEFINED STANDARD FOR ME TO STRIVE FOR EACH DAY?		
8. IS THERE A CLEARLY DEFINED EXPECTATION FOR ME?		
9. ARE MY COACHES EXCITED ABOUT COACHING?		
10. DO I HAVE FUN AT PRACTICE AT LEAST ONCE EACH DAY?		
11. ARE PRACTICES DEMANDING BUT FAIR?		
12. CAN I TRUST MY COACHES?		
13. DO I LIKE THE WAY PRACTICES ARE ORGANIZED AND RUN?		
14. ARE PRACTICES CHALLENGING (HARD) BUT ALSO INSPIRING AND FUN?		
15. IS OUR TEAM CULTURE ABOUT AND BEING THE BEST, WE CAN BE NO MATTER WHAT OUR RECORD IS?		

PLEASE FEEL FREE TO MAKE ANY POSITIVE SUGGESTIONS THAT CAN HELP:

“MAKE IT A GREAT DAY +1”



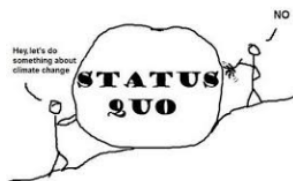
“CLIMATE CHANGERS”

Which One Are You?



CLIMATE DESTROYERS

- find a way to destroy some aspect of the team
- often complain about, argue with, and resist anything and anyone
- regular disagree with practice plans, playing calling, leadership, and playing time
- disgruntled, unhappy, and NEGATIVE



CLIMATE RETAINERS

- content with status quo
- do what is asked, but rarely do extra
- good teammates but do not go above and beyond
- can be inconsistent in drills and practice but coachable and willing to learn if asked



CLIMATE CHANGERS

- regularly impact the team climate in a positive way
- athletes that “step up and “energize their teammates
 - commit to doing extra things that better others
- positive, influential, and very good at changing teams momentum
- great attitude that changes everyone thinks, plays, and responds!

RULE # 26 FROM “COACH UP”

“You never stay the same. You either get better or you get worse.” - Jon Gruden

“MAKE IT A GREAT DAY +1”