

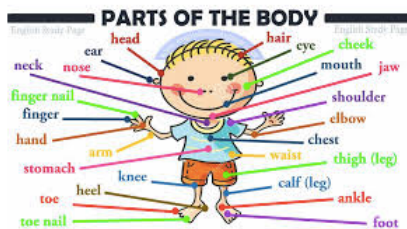
## EVERY MEMBER OF A TEAM IS IMPORTANT (3 Examples)



### A TEAM IS MADE UP OF A BUNCH OF CAR PARTS

A team is like a powerful car. Maybe, your start stud center is the 7' center or MVP quarterback (like Carson Wentz, Eagles) or Michael Jordan or LeBron James (substitute any sport appropriate star you get the idea) are the big engines but if one wheel is flat, we're going nowhere. And if we have brand new tires but the lug nuts are missing, the wheels come off. A lug nut seems like a little thing (how about a key?), but it is not. There is a role that each and every team player must play. We may aspire to what we consider to be a bigger role, or a more important role, but we cannot achieve that until we show we are able to fulfill the role we were assigned. It's the little things that make the big things happen. The big engine is not going to work unless all the little things are being done and work properly as well. Discuss some successful teams that exemplify this and have the players identify different roles players took on to make it work. Better yet let them do some research on it and come up with some examples at a later practice.

Added note to add some humor and build relationships: Of course, when you explain to the players about different roles don't forget to remind them that even with a powerful engine, new tires and tight lug nuts the car still needs a driver behind the wheel or it would run into something – you are that driver. Coach ☺



### A TEAM IS LIKE THE PARTS OF THE BODY

Similar to the lesson above – discuss with your team which part is the most important? What happens if one isn't working right and the effect on the rest of the body parts?



### THE TEAM BALL

**INSTRUCTIONS:** Have a beach ball at practice and get everyone on the team (including coaches and managers) to sign it. Keep it in a visible place for practice (and even games).

The concept behind this team building idea is that there is no top or bottom to our team. We all play an important part and role in executing our goals. Each person on the team is recognized and “all in” by signing it. We explain that if you were to put a pin in anyone's name, the entire thing deflates and thus does our team. Everyone is important and needed.

***“MAKE IT A GREAT DAY +1”***