

1. CELEBRATE THE "RITE OF PASSAGE"

As our seniors participate during their last games it reminds us of the passage rituals of some "Tribes" (teams). In a typical "rite of passage" there are generally 5 steps: (relate these to your "passage" through WCS Sports.). Let the Seniors do this exercise as they "pass on to their next stage of life". Follow the guidelines below:

- A. A call to adventure (go back to memories of coming to your school or first year of Varsity experience),
- B. Times of testing, (list some examples of when you were tested)
- C. Receive instruction from a mentor -coach (what did you learn or remember)
- D. You may want to have your Seniors describe their thoughts and ideas around this concept of "passage" and how there will be other types of "passage rites "along the way of life.

2. LAST PRACTICE IDEAS

A. As soon as the practice ends have the Seniors wait outside while the underclassmen come out on to the field (court) and form a circle in silence around the playing area. Then ask the Seniors to come out and spend time on the "field of battle" and reflect on the how they were tested and how they (1) Failed some tests and would do it different and (2) Succeeded and what they learned from it. Then allow the Seniors to come together and have their last huddle break together. While they do this underclassman watch and wait and observe for they know someday their time will come.

B. Allow each Senior to write his own 'Life Sentence' and project into the future where he feels his / hers adventures will take them. It is hoped that some part of the sentence will reflect the application of the ten values we have built our programs on. Challenge them to reflect on questions such as "What kind of citizen will I be?", What kind of husband, wife, sister, brother, friend, mentor will I be?" as they write their reflection

3. TOKEN OF REMBRANCE

Have your Juniors come up with a small token or item that reflects their thoughts or image of the Senior that is leaving them.

4. LAST GAME – Pre-Game

Let each Senior speak before the game and express a thought or two and (B.) personally thank each one of them

5. "TURNING THE WORLD UPSIDE DOWN"

(A Different Type of Awards Ceremony) p. 88 "3D Coach"

Moving a Program from Extrinsic Motivation to Intrinsic Motivation

- 1. Give the Seniors a one-page form to answer the following Questions:
 - 1. "What has this program meant to you?"
 - 2. "What did you learn that is going to help you in life?"
- 2. Work in conjunction with the English Department - make sure doing the best job possible.
- 3. Get them framed ahead of time.
- 4. At Ceremony - do highlight film then turn down lights
- 5. Letter reading ceremony- Senior goes up on stage and parents meet them there.
- 6. Senior then reads letter to parents and presents it to them.
- 7. NOTE: Individual awards can be done at season end party

"MAKE IT A GREAT DAY +1"