



THE PERSON VS. THE PLAYER (Brett Ledbetter)

Below are my notes from a speech by [Brett Ledbetter](#) at 'What Drives Winning' on the importance of placing emphasis on the **PERSON** more than the **PLAYER**. You can see the [video](#) in its entirety below.

How You Are REMEMBERED as A **PERSON** Is So Much More Important, And LASTING, Than Your Stats

Key Takeaways:

- 1 - You can't remember who led the team in scoring 3 years ago, but you remember your favorite teacher from 10 years ago.
- 2 - How you are remembered as a **PERSON** is more important than how you are remembered as a **PLAYER**
- 3 - When helping with a problem, identifying the issue first and then finding common ground will help you find a solution.

In the speech below, Brett Ledbetter talked about how he helped a star collegiate soccer player overcome her biggest fears in sports, dealing with the expectations of other. It helped me become a better coach and person focusing on the person and the things you can control rather than results, which are often controlled, in large part, to outside forces. (see [30/60/10 Lesson](#))

You can control how hard you play, how much you prepare, and your effort level. (See [Attitude & Effort Lesson Series](#)) But sometimes, you just don't make enough of the shots that you usually make, or sometimes the other teams just make a few more tough plays on you. Don't let the outside forces that you can't control bother you unnecessarily; just do what you can do and have faith that it will be good enough or that everything will work out fine.

How You Will Be Remembered as A **PERSON**

Most can't name the leading scorer in the NCAA three years ago, but you can name your favorite teacher from 20 years ago. You can also explain why you would pick that person. The top 5 reasons for them being picked as their favorite teacher: -
Challenged me - Made learning fun - Helpful - Supportive - Got to know me
For high performing athletes, their favorite teachers are usually from when they were young to a teacher because that teacher knew who they were before they became who they became.
People forget stats but remember you were as a person.

It's important to know how you want to be remembered. (See "Life Sentence" Lesson)

If your meaning and purpose and identity in yourself is in the results, and you miss, you will feel dejection. But, **if your identity is in yourself as a person**, that with each failure is in the opportunity to show all to use adversity as a way to bounce back.

Below is an example of how a top athlete said she wanted to be remembered. It is written below, but the big emphasis was on how she wanted to be remembered as a **PERSON more than a PLAYER**.

“ I want to be remembered as the girl whose character never swayed and remained true in every aspect. When little girls come to watch me play, I want them to be able to say, “I want to be the **PERSON** she is...not just the soccer player.”
Like you told me earlier, people will forget stats. They will forget how many goals I scored. But, they will always remember the person that I was and my true character.”

Person > Player



When your goal is to be remembered for the **PERSON** that you are rather than the player, failure is okay. It's how you respond. Then, it's about living a life where you bless others and living a life with a growth mindset.

OTHER ETA356 LESSONS: "THE ICEBERG", "3-SIDED COIN", 30/60/10, "LEGACY", PERSONAL LAPTOP", "2 WOLVES"

"MAKE IT A GREAT DAY +1"