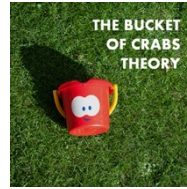




“BUCKET OF CRABS”



Have you heard of the bucket of crabs' theory?

I first heard of this a couple weeks ago.

It states that if there are several crabs in a bucket, and one tries to climb out, the others will pull him back down. Not having access to a team of live crabs to test this on, I had to rely on Wikipedia. The “crab mentality” is summed up as:

“If I can't have it, neither can you.”

If the crabs worked together, they could **escape**. But instead their **selfishness** and **distrust** maintains the status quo.

It's used as a metaphor to describe **human behavior**.

Let's say **the bucket is your athletic performance or schoolwork**, and you want to change things and try something new. Do your friends and peers encourage that leap of faith, or do they try and **pull you back down** to reality?

What's your **gut reaction** when one of your peers takes a risk and is genuinely happy and successful? I know it isn't the right answer, but a lot of the time for me at least, it's **jealousy**.

We can be better than the crabs. Smarter. More cooperative. More encouraging.

If you want to **climb out of your “bucket,”** whatever it may be, don't let the other crabs pull you down.

And if you're happy in your bucket but see someone else making a break for it, go ahead and **give 'em a boost!**

You never know, maybe they'll turn around and **offer a hand up**.

SEE “CHOP WOOD, CARRY WATER”– CHAPTER 30 = “THEY”

“MAKE IT A GREAT DAY +1”